



LUNCH MENU

MONDAY - FRIDAY 12PM - 3PM

SATURDAY 12PM - 4PM

www.flamerestaurant.co.uk T: 028 9033 2121



COPELAND

DISTILLERY

DONAGHADEE COUNTY DOWN

COPELAND IRISH GIN, GARNISHED WITH
ORANGE & MINT, TONIC WATER £6.95

COPELAND IRISH GIN COCKTAIL £7.00

SNACKS - £2 PER ITEM OR ALL 3 FOR £5

HOUSE MARINATED OLIVES
ROQUITO PEARL PEPPERS
MIXED SALTED SPICED NUTS & RICE CRACKERS (2,10)

SMALL TASTERS

Soup of the day - Irish wheaten & Abernethy butter (2,7)	£6
Hot pepper buffalo wings, sour cream (7)	£7
House cured beetroot & lemon salmon gravalax, croutons, horseradish cream (5,7,9)	£8
Mushrooms on toast two ways, mushroom ketchup & fried wild garlic mushrooms (7)	£6.50

SANDWICHES

THE OPEN	£8
Classic open prawn cocktail on Guinness wheaten, Bloody Mary sauce, lettuce & cucumber (1,2,3,7)	
THE WRAP	£8
Marinated tandoori chicken with grilled onions & tomatoes, cucumber & mint yoghurt dip (7)	
THE TOASTED	£7
Grilled margherita sandwich, beef tomato, buffalo mozzarella, oregano, basil & olive oil (2,7)	

SIDE ORDERS £3.50

- Sweet potato fries
- Chunky chips
- Creamy buttered mash/champ (7)
- Tomato & pickled onion salad (9)
- Roasted portobello mushrooms (7)
- Steamed fragrant basmati rice
- Buttered greens (7)
- Parmesan & truffle fried baby potatoes (7) £6
- Caesar dressed leaves with parmesan (7)
- Fried onion rings (2)

**ADD GLASS OF WINE £4
& COCKTAIL £5**

Allergy Key - 1-Celery, 2-Gluten, 3-Crustaceans, 4-Eggs, 5-Fish, 6-Lupin, 7-Dairy, 8-Molluscs, 9- Mustard, 10-Nuts, 11- Peanuts, 12- Sesame Seeds, 13-Soya, 14-Sulphur Dioxide. Please note that we cannot guarantee that any dish is completely free from allergens, please inform your server of any allergies.



Black pudding, bacon, soft boiled egg & mustard potato salad (1,4,7,9)

Crispy Portavogie prawns & chips, mushy peas & seaweed tartare (2,3,7)

Chicken liver Pâté, thyme, garlic & red wine infused chicken livers with herb butter, blackberry & balsamic jam with toast (2,4,7,14)

Twice baked sweet potato skins, spiced mixed beans, guacamole, vegan cheddar

THE MAIN EVENT

FLAME BURGER £14

Our own special beef recipe grilled over hot ash with melted cheddar, onion, tomato & gem lettuce, served with chunky chips (2,7)

CHICKEN KIEV £14

Breast of chicken stuffed with garlic & herbs, golden fried breadcrumbs, spring onion mash, buttered greens (2,7)

FISH & CHIPS £13.50

Ale battered haddock with chunky chips, seaweed tartare, mushy peas & lemon (4,7)

SHORT HORN RIB OF BEEF £13

12-hour braised boneless beef rib, root vegetable mash, cabbage & baby onions with veal jus (1,7,14)

PANEER & SPINACH CURRY £16

Indian curd cheese with baby spinach & vegetables, served in a coconut red curry with rice (7)

100Z HEREFORD SIRLOIN OR RIBEYE STEAK £28

Salted tomato, choice of side order & sauce

DESSERTS £5

Warm chocolate brownie chocolate crumb, honeycomb, Draynes vanilla bean ice cream (2, 7)

Cheesecake of the day (see server), served with Chantilly cream, berries (7)

Lemon & raspberry tart bar, served with a raspberry sorbet (2,7,14)