



PRE THEATRE MENU
5PM-6:30PM
MONDAY-SATURDAY

2 Course £19
3 Course £23



www.flamerestaurant.co.uk
T: 028 9033 2121



McConnells is one of the oldest Irish Whisky brands on record, Enjoy the theatrics of our "table side" Irish coffee made at your table by our specially trained staff £9

Add a cocktail £6.50

- Cosmopolitan
- Margarita
- Sherbet Dip
- Raspberry Collins
- Daiquiri

SNACKS - £2 PER ITEM

- HOUSE MARINATED OLIVES
- MIXED SALTED SPICED NUTS & RICE CRACKERS (2, 10)

STARTERS

SOUP OF THE DAY

Horny Bull wheaten bread (2, 7)

CRISPY COATED CHICKEN WINGS

Soy, honey & chilli, garlic & sesame sauce (1, 4, 12, 13)

SALT & CHILLI CAULIFLOWER,

Chilli & lime veganaise, micro coriander

CHICKEN LIVER PATE

Thyme, garlic & red wine infused chicken livers with herb butter, blackberry & balsamic jam with toast (2, 4, 7, 14)

MAINS

TRADITIONAL FISH & CHIPS

Mushy peas and 'Flame's' unique tartchup, lemon & chips (2, 5, 9, 14)

TANDOORI CHICKEN

Tandoori chicken, baked in our clay oven served with marinated vegetables tossed in butter with coriander, raita dressing, lime pickle. Served with coconut, garlic & coriander fragrant rice (7) - **Add flatbread (2, 7) for £1.50**

FLAME BURGER

Gem lettuce, tomato & pickle, chipotle mayo, caramelised onion jam, served with chips (2, 4, 7, 9, 14)

ROAST SQUASH

Black eyed beans, spinach & tamarind curry. Served with a coconut, garlic & coriander fragrant rice

DESSERTS

STICKY TOFFEE PUDDING

Salted caramel ice-cream (4, 7)

MERINGUE NEST

Summer berries, raspberry coulis (4)

CHOCOLATE AND ORANGE TART

Vegan ice-cream, chocolate soil (13)

SIDE ORDERS £4.50

- Sweet potato fries
- Chips
- Creamy buttered mash/champ (7)
- House salad (9, 14)
- Broccoli florets, chilli & garlic butter, toasted almonds (7, 10)
- Fried onion rings (2, 14)
- Coconut, garlic & coriander rice

SAUCES £2

- Peppercorn (7)
- Veal jus (14)
- Garlic butter (7)

- Short rib & horseradish mac & cheese (2, 4, 7, 9) £6
- Parmesan potatoes with truffle mayo (7) £6

Allergy Key

1-Celery, 2-Gluten, 3-Crustaceans, 4-Eggs, 5-Fish, 6-Lupin, 7-Dairy, 8-Molluscs, 9-Mustard, 10-Nuts, 11- Peanuts, 12- Sesame Seeds, 13-Soya, 14-Sulphur Dioxide. Please note that we cannot guarantee that any dish is completely free from allergens, please inform your server of any allergies.

Please note: Our staff share in our belief that a tip is to be earned and not expected, therefore our prices do not include a service charge; our only exception are for parties of 6 or more whereby a discretionary 10% service charge is added for your convenience.

