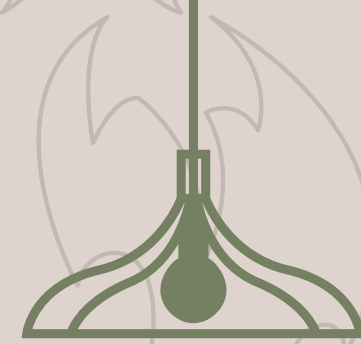




GIVE THE GIFT OF  
**Flame**  
WITH OUR GIFT VOUCHERS



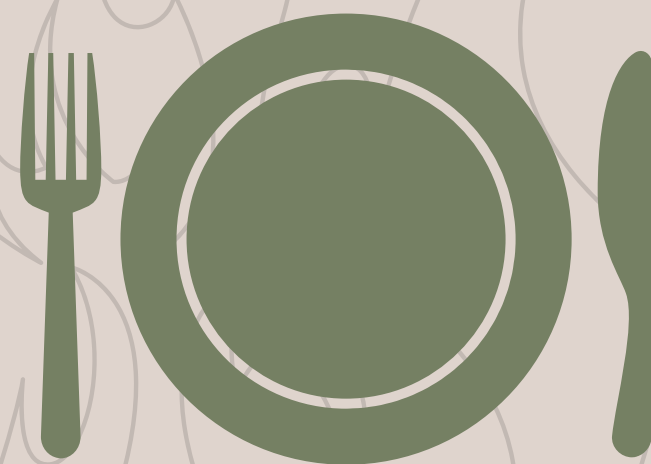
**Flame**

**LUNCH 12PM-3PM**  
MONDAY - SATURDAY

**HEADING TO THE THEATRE?  
OUR PRE THEATRE MENU IS AVAILABLE  
5PM-6.30PM MONDAY-SATURDAY**



WWW.FLAMERESTAURANT.CO.UK  
TEL: 028 9033 2121



## SNACKS - £4 PER ITEM

DUKKAH SPICED FLATBREAD STICKS HUMMUS (2, 10, 12)  
DATES WRAPPED IN PARMA HAM DEVILED MAYONNAISE(4)  
MARINATED OLIVES  
SMOKED PAPRIKA FRIED PICKLES HOT SAUCE (2, 14)  
PORK SCRATCHINGS SMOKED MALDON SALT • APPLE CIDER PURÉE (14)

## SMALL TASTERS

**SOUP OF THE DAY** £7.00  
STOUT WHEATEN BREAD & BUTTER (1, 2, 7)

**PEA & CHORIZO ARANCINI** £8.00  
ROMESCO SAUCE • PEA SHOOTS (2, 4, 7, 9, 10)

**CHICKEN LIVER PARFAIT** £8.00  
DATE & APPLE CHUTNEY  
TOASTED SOURDOUGH (2, 4, 7, 14)

**PORK & CHILLI WONTONS** £9.00  
ASIAN VEGETABLES  
CHOW MEIN SAUCE • TOASTED PEANUTS (2, 3, 11, 12, 13)

**CURED SALMON** £9.00  
POTATO & PICKLED SUMMER VEGETABLES  
HORSERADISH CRÈME FRAICHE  
WATERCRESS PURÉE • DILL (5, 7, 14)

**GRILLED GARLIC MUSHROOMS (VG)** £7.00  
TOASTED SOURDOUGH  
PROSOCIANO CHEESE (2, 13)

**SELECTION OF BREADS & BUTTER** £6.00  
(2, 7)

VG = VEGAN V = VEGETARIAN

**PLEASE NOTE:** SOME DISHES MAY BE POSSIBLE TO DO IN A VEGETARIAN OR VEGAN STYLE. PLEASE CONSULT YOUR SERVER FOR ANY QUERIES.

**ALLERGY KEY:** 1=CELERY 2=GLUTEN 3=CRUSTACEANS 4=EGGS 5=FISH  
6=LUPIN 7=DAIRY 8=MOLLUSCS 9=MUSTARD 10=NUTS 11=PEANUTS  
12=SESAME SEEDS 13=SOYA 14=SULPHUR DIOXIDE

**PLEASE NOTE:** WE CANNOT GUARANTEE THAT ANY DISH IS COMPLETELY FREE FROM ALLERGENS. PLEASE INFORM YOUR SERVER OF ANY ALLERGIES

**PLEASE NOTE:** OUR STAFF SHARE IN OUR BELIEF THAT A TIP IS TO BE EARNED AND NOT EXPECTED, THEREFORE OUR PRICES DO NOT INCLUDE A SERVICE CHARGE; OUR ONLY EXCEPTION IS FOR PARTIES OF 6 OR MORE WHEREBY A DISCRETIONARY 10% SERVICE CHARGE IS ADDED FOR YOUR CONVENIENCE.

# Flame

## MAIN EVENT

**SIRLOIN OR RIBEYE** £32.00  
BABY WATERCRESS • TOMATO  
SERVED WITH TOMATO, WATERCRESS, AND A CHOICE OF SIDE & SAUCE

- ADD BLUE CHEESE - £3.00 (7)
- ADD GARLIC PRAWNS - £5.50 (3, 7)

**TRADITIONAL BEER** £16.00  
**BATTERED FISH & CHIPS** (2, 5, 7, 9, 14)  
MUSHY PEAS • TARTARE SAUCE

**FLAME GRILLED BEEF BURGER** £16.00  
GEM LETTUCE • TOMATO • RED ONION (2, 4, 7, 9, 14)  
CHEDDAR CHEESE • TOMATO & GHERKIN RELISH  
CHIPS - ADD STREAKY BACON - £2.00

**GRILLED CHICKEN CAESAR SALAD** £14.00  
ROAST BACON LARDONS (2, 4, 5, 9)  
HERB CROUTONS • POACHED EGG

**BBQ SHORT RIB OF BEEF** £17.00  
SWEETCORN & RED PEPPER RELISH (1, 9, 14)  
SPICED POTATO WEDGES

**VEGAN MEATBALLS (VG)** £16.00  
ARRABBIATA SAUCE • TAGLIATELLE  
PROSOCIANO CHEESE (2, 13)

**RUMP OF LAMB** £28.00  
HERB GNOCCHI • SHALLOTS (1, 2, 4, 7, 14)  
BROADBEANS • PEAS • SPINACH PURÉE  
CRISP SWEETBREADS • LAMB SAUCE

**SPECIALITY SANDWICH**  
SEE SERVER FOR DETAILS  
ADD SOUP - £5.00 (2)

## £8 LUNCH

**KEEMA SPICED SHEPHERDS PIE** (7, 14)  
MIXED LEAF SALAD

**SMOKED COLEY**  
PEA & BROADBEAN RISOTTO (5, 7, 9)  
CURRY OIL

**CRISPY SPICED TOFU (VG)**  
TOASTED SESAME SEEDS (12, 13, 14)  
BRAISED RICE  
PICKLED POMEGRANATE  
SRIRACHA VEGANAISE



## SIDE ORDERS £5.00

TRIPLE COOKED CHIPS  
SWEET POTATO FRIES  
BABY POTATOES, ROSEMARY & MINT BUTTER (7)  
KALE WITH SMOKED SALT & CHESTNUTS (7, 10)  
BABY CAESAR SALAD (2, 4, 9)  
CRISPY ONION RINGS (2)  
BUTTERED MASH / CHAMP (7)  
ROAST BUTTON MUSHROOMS WITH THYME (7)  
HOUSE SALAD (14)

## SAUCES £2.00

PEPPER SAUCE (7)  
VEAL JUS (14)  
GARLIC BUTTER (7)  
DIANE SAUCE (1, 7, 9)