



**PRE-THEATRE  
5PM – 6:30PM**

**Monday - Thursday**

**2 Course £22**

**3 Course £27**



[www.flamerestaurant.co.uk](http://www.flamerestaurant.co.uk)

T: 028 9033 2121

## SNACKS – £4 PER ITEM

**DUKKAH SPICED FLATBREAD STICKS** With Hummus (2, 10, 12)

**DATES WRAPPED IN PARMA HAM** With Devilled Mayonnaise (4)

**SMOKED ALMONDS** (10)

**SMOKED PAPRIKA FRIED PICKLES** with Hot Sauce (2, 14)

**PORK SCRATCHINGS**, Smoked Maldon Salt, Apple & Cider Puree (14)

## STARTERS

### SOUP OF THE DAY

Served with Stout Wheaten Bread and Butter. (1, 2, 7)

### CRISPY CHILLI & SESAME CHICKEN WINGS

With Kimchi Asian Salad, Miso + Yuzu Mayo. (4, 12, 13)

### PRESSED TERRINE OF HAM HOCK & CHICKEN

Bourguignon Style, Onion & Fig Chutney, Toasted Sourdough. (2, 9, 14)

### TEMPURA OF CAULIFLOWER (VG)

Peri Seasoning, Aubergine Puree, Smoked Almonds. (10, 12)

## MAINS

### TRADITIONAL BEER BATTERED FISH & CHIPS

Mushy Peas, Tartare Sauce (2, 5, 7, 9, 14)

### FLAME GRILLED BEEF BURGER

'Nduja Mayo, Sliced Gherkin, Cheddar Cheese, Tomato & Baby Gem (2, 4, 7, 9, 14)

- Add Streaky Bacon - £2.00

### JAMAICAN JERK CHICKEN BREAST

Spiced Braised Rice, Smokey BBQ Sauce. (7, 13)

### PANEER, SPINACH & VEGETABLE CURRY (V)

Served with Spiced Rice (7)

## DESSERTS

### STICKY TOFFEE BREAD & BUTTER PUDDING (V)

With Toffee Sauce & Vanilla Ice-Cream (2, 4, 7, 10)

### CHOCOLATE & PEANUT BUTTER BROWNIE (V)

With Honeycomb Ice-Cream & Chocolate Sauce (4, 7, 11)

### RASPBERRY & FRANGIPANE TART (VG)

With Chocolate Soil, Vegan Ice-Cream (13)

VG – Vegan

V – Vegetarian

**Please note:** Some dishes may be possible to do in a Vegetarian or Vegan style. Please consult your server for any queries.

**Allergy Key** – 1-Celery, 2-Gluten, 3-Crustaceans, 4-Eggs, 5-Fish, 6-Lupin, 7-Dairy, 8-Molluscs, 9-Mustard, 10-Nuts, 11-Peanuts, 12-Sesame Seeds, 13-Soya, 14-Sulphur Dioxide.

**Please note:** We cannot guarantee that any dish is completely free from allergens, please inform your server of any allergies.

**Please note:** Our staff share in our belief that a tip is to be earned and not expected, therefore our prices do not include a service charge; our only exception is for parties of 6 or more whereby a discretionary 10% service charge is added for your convenience.