



**PRE-THEATRE  
5PM – 6:30PM**

**Monday - Thursday**

**2 Course £23**

**3 Course £28**



www.flamerestaurant.co.uk  
T: 028 9033 2121

**Indulge after your  
meal with our Flame  
Favourites!**

**Espresso Martini**

The rich Bewley's Coffee blend combined with key ingredients to product a silky-smooth cocktail.

**Liqueur Coffees**

Enjoy a liqueur of your choice mixed with coffee and topped with a generous layer of cream – our signature Irish Coffee is perfect!

**Decadent Desserts**

Treat your tastebuds to our in-house made desserts!

**SNACKS**

- DUKKAH SPICED FLATBREAD STICKS** With Hummus. (2, 10, 12) **£4**
- FRIED HALLOUMI BITES** With Sriracha & Lime Mayo. (2, 4, 7) **£5**
- BUFFALO POPCORN** With Blue Cheese Dip. (1, 7, 14) **£4**
- SQUID CRACKERS** With Monkfish Tartare. (5, 7, 14) **£5**
- PORK SCRATCHINGS** With Smoked Maldon Salt, Apple & Cider Puree. (14) **£4**

**STARTERS**

**SOUP OF THE DAY**

Served with Homemade Stout Wheaten. (1, 2, 7)

**CHICKEN WINGS**

Chilli, Garlic & Sesame Dressing, Kimchi Salad, Yuzu & Miso Mayo. (4, 12)

**DUCK LIVER PARFAIT**

Shallot & Pear Chutney, Toasted Sourdough. (2, 4, 7, 14)

**BURRATA, HEIRLOOM TOMATO SALAD (V)**

Romesco Sauce, Thai Basil. (7, 10, 14)

**MAINS**

**TRADITIONAL BEER BATTERED FISH & CHIPS**

Mushy Peas, Tartare Sauce. (2, 5, 7, 9, 14)

**FLAME GRILLED 6oz BEEF BURGER & CHIPS**

'Nduja Mayo, Sliced Gherkin, Cheddar Cheese, Tomato & Baby Gem. (2, 4, 7, 9, 14)  
- Add On: **Streaky Bacon - £2.00**

**ACHARI SPICED CHICKEN**

Roast Vegetables, Coconut Ginger & Coriander Rice, Mint Riata. (2, 7, 9)  
- Add On: **Garlic & Coriander Naan Bread - £3.00**

**CRISPY SWEET & SOUR SESAME TOFU (VG)**

Served with Fragrant Rice. (12, 13, 14)

**DESSERTS**

**STICKY TOFFEE PUDDING (V)**

With Salted Caramel Sauce and Honeycomb Ice-Cream. (2, 4, 7)

**VANILLA PANNA COTTA (V)**

With Rhubarb Compote, Poached Rhubarb and Poppy Seed Tuille. (2, 7) (Contains Poppy Seeds)

**CHOCOLATE & PASSIONFRUIT TART (VG)**

With Chocolate Soil and Raspberry Sorbet. (13)

VG – Vegan

V – Vegetarian

**Please note:** Some dishes may be possible to do in a Vegetarian or Vegan style. Please consult your server for any queries.

**Allergy Key** – 1-Celery, 2-Gluten/Wheaten, 3-Crustaceans, 4-Eggs, 5-Fish, 6-Lupin, 7-Dairy, 8-Molluscs, 9-Mustard, 10-Nuts, 11-Peanuts, 12-Sesame Seeds, 13-Soya, 14-Sulphur Dioxide.

**Please note:** We cannot guarantee that any dish is completely free from allergens, please inform your server of any allergies.

**Please note:** Our staff share in our belief that a tip is to be earned and not expected, therefore our prices do not include a service charge; our only exception is for parties of 6 or more whereby a discretionary 10% service charge is added for your convenience.